

### Anesthetic Management of a Parturient with Carnitine Palmitoyltransferase II Deficiency

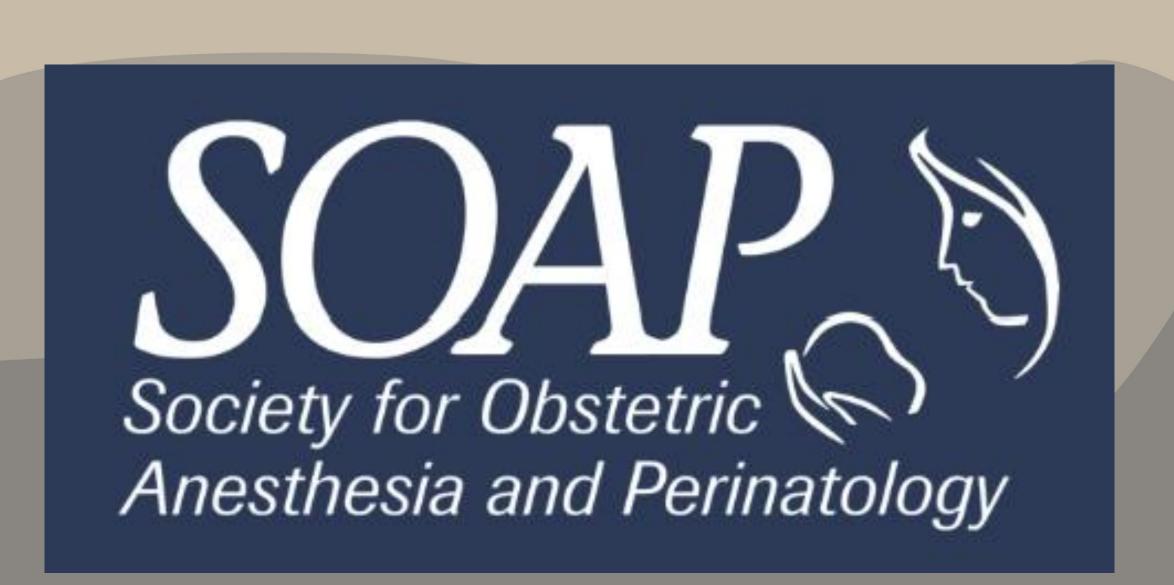
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### Background:

- •Carnitine palmitoyltransferase II (CPT II) deficiency is an autosomal recessive disorder of long-chain fatty-acid oxidation within the mitochondria
- •3 known forms
  - •1. Neonatal form (often lethal)
  - •2. Severe infantile form
  - •3. Adult myopathic form (most common)
- •Patients with myopathic form will experience muscle pain due to rhabdomyolysis and dark-colored urine due to myoglobinuria when exposed to known triggers
  - •Stress
  - Physical exertion
  - Fasting
  - •Infections
- •If rhabdomyolysis is severe it can result in acute renal failure and even death.<sup>1</sup>

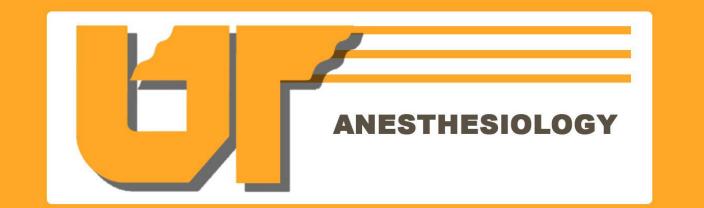




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#### Case:

- 34-year-old G3P1 at 37.2 presents for induction of labor. History significant for CPT II deficiency.
  - She was hospitalized the year prior with significant muscle pain after exercise with severely elevated CK levels.
  - Subsequent neurology consultation with metabolic myopathy panel revealing CPT II deficiency.
- On L&D the patient was initiated on D5LR @ 125cc/hr.
- An epidural was placed and a plan discussed for etomidate and rocuronium RSI if emergency cesarean delivery was indicated given her hx.
- The patient had an uncomplicated spontaneous vaginal delivery and was discharged home the following day with a healthy neonate.



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### Discussion/Learning Points:

# ·Glucose containing infusions

•Glucose containing infusions are imperative in the perinatal period with frequent glucose monitoring. Patients with impaired ability to utilize long-chain fatty acids for energy rely on carbohydrate sources. When stressors are present (fasting, labor, surgical stress), the body will resort to muscle breakdown when insufficient carbohydrates are present.

# Mitigate stress response

•Early epidural is recommended to prevent the stress response associated with labor.

# Stat section planning

•Our institution's standard RSI with propofol and succinylcholine would be inappropriate for this patient. Propofol is dissolved in 10% long-chain fatty acids and thus should be avoided in patients with compromised fatty acid β-oxidation. It is generally recommended that succinylcholine be avoided given the risk of exacerbating rhabdomyolysis. RSI with etomidate and rocuronium would be most appropriate with maintenance of general anesthesia using volatile/nitrous oxide.

### References:

- 1. Wieser T. Carnitine Palmitoyltransferase II Deficiency. 2004 Aug 27 [updated 2019 Jan 3]. In: Adam MP, Feldman J, Mirzaa GM, Pagon RA, Wallace SE, Amemiya A, editors. GeneReviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993–2025. PMID: 20301431.
- 2.Yu HK, Ok SH, Kim S, Sohn JT. Anesthetic management of patients with carnitine deficiency or a defect of the fatty acid β-oxidation pathway: A narrative review. Medicine (Baltimore). 2022 Feb 18;101(7):e28853. doi: 10.1097/MD.00000000000028853. PMID: 35363184; PMCID: PMC9282055.

