Progressive Maternal Heart Block in Pregnancy

Department of Anesthesiology Perioperative, Critical Care and Pain Medicine

Emily Bliss MD, James Damron MD, Habib Srour MD, Neva Lemoine MD
University of Kentucky Department of Anesthesiology, Perioperative, Critical care, and Pain Medicine

Background:

Atrioventricular heart block (AVHB) is a class of conduction disorders defined by the location and delay of electrical signal propagation in the heart. Based on the degree of dissociation, significant hemodynamic derangements can occur.

During labor, rapid vagal tone alterations and neurocardiogenic reactions can cause hemodynamic instability, requiring prompt recognition and intervention (1).

This case explores progressive AVHB of unknown etiology requiring transvenous pacing for induction of labor followed by a permanent leadless pacemaker insertion post-delivery.

Patient History:

Patient

• 21 yo G2P1001

• Asthma, mild lumbar scoliosis, & asymptomatic AVHB



Presented to ED with URI

• EKG – new 2nd degree AV block; Echo unremarkable



• Holter monitor: 1st degree AV block 81% of time; episodes of complete AVHB while sleeping

Presented to ED with syncope, EKG – 1st degree AV block

Admission

- Elective IOL at 39 weeks
- EKG complete AVHB with narrow junctional escape at 55bpm

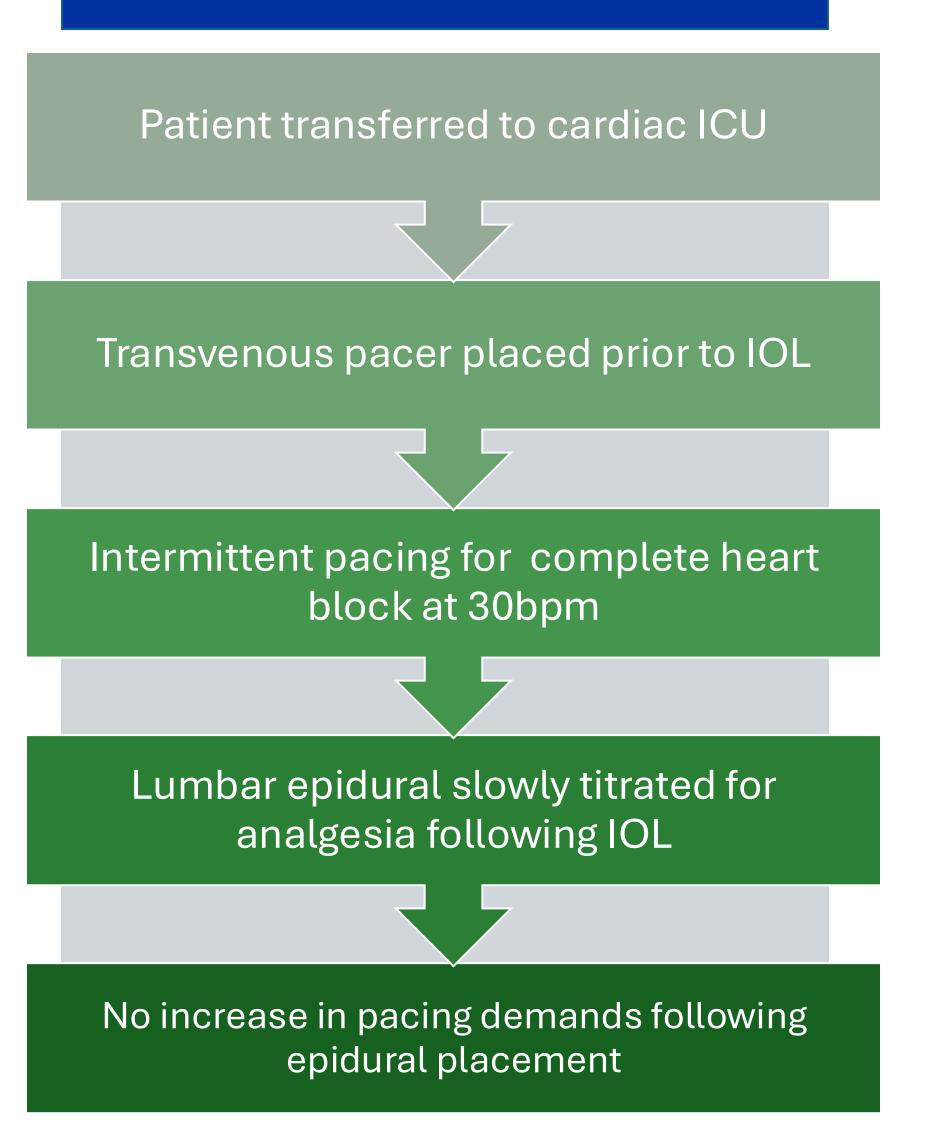


Clinical Course and Intervention:

Cardiology Consult:

- Decrease time spent in second stage of labor.
- Did not recommend temporary pacing wire due to concerns for radiation exposure.
- If hemodynamic instability →
 ACLS +/- placement of
 temporary transvenous
 pacing wires, transcutaneous
 pacing with use of sedation,
 or use of isoproterenol for
 chemical pacing.

Labor Planning:



Delivery and Post Op:

- Delivered without significant cardiac event but required consistent pacing during active delivery.
- Continued to require consistent pacing for underlying complete heart block at 30bpm for 24hrs postpartum.
- Cardiology placed permeant leadless pacemaker prior to discharge.
- Extensive workup for etiology was unremarkable.

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Discussion:



Causes of AVHB

Congenital abnormalities

Medications

Autoimmune

Infectious processes



Pregnancy Mediated Changes

Eccentric hypertrophy from increased CO

Gene remodeling



AVHB during delivery

Valsalva maneuvers can further slow HR

Shorten active labor

Cardiac interventions maybe needed



Management

Transvenous pacing via USG

Permanent pacemaker





