A case of sheared epidural catheter: where is the piece of plastic?

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Patient Presentation

- During labor epidural placement, LOR obtained at 8cm
- Catheter advancement paused until LLE paresthesia resolved
- During catheter readvancement, unable to thread catheter past 15cm
- Gentle backwards traction applied on catheter;
 catheter fracture noted (Image 1)
- Needle and catheter removed as whole unit
- Although entire wire intact, distal 5cm plastic portion of catheter sheared off, concerning for retained plastic catheter fragment



Image 1: Sheared epidural catheter (photo used with patient permission)

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Management of a Sheared Epidural Catheter¹

- 1. Inform patient; offer epidural replacement at different interspace vs. alternative analgesia options
- 2. Report to product manufacturer- is catheter radio-opaque?
- 3. Obtain total spine imaging: identify fragment and rule out cephalad catheter migration
 - Computed tomography (CT)
- 4. Neurosurgery Consult
 - Observation if:
 - Catheter fragment not penetrating skin nor seen intrathecally
 - Asymptomatic
 - Surgical removal if:
 - Retained *intrathecal* fragment
 - Infection
 - Catheter puncturing skin serving as portal of entry for infection
 - New onset symptoms- ex. radicular pain from nerve entrapment

How to prevent a sheared epidural catheter? Take Home Points

- 1. <u>DO NOT</u> pull backward traction on epidural catheter while still within the needle
- 2. Remove the catheter and needle as a whole unit
- 3. Do not thread catheter more than 4–5 cm in the epidural space to prevent coiling, knotting, entrapment of catheter

